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# I. 應用

## 1 心血管健康

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## 2 認知功能

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## II. 作用機制

### 17 抗炎作用

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## 20 血小板功能

**Ref. 553** 臨床研究：碧容健®能顯著改善與新冠疫情后有關的一些跡象和癥狀，改善心血管風險因素。  
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**綜述：**從古代使用松樹皮的歷史到現今碧容健®的開發。

Drehsen G

From ancient pine bark uses to Pycnogenol®

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