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THE REPORT

LOOK, FEEL AND LIVE BETTER



Healthy
Aging



Unlock the Science of Aging Well

Invest in Your Health with Pycnogenol®

NEW Study: Cellulite

Pycnogenol® Alleviates
Cellulite in Women

Company News

Welcome
Maira Fajardo-Perez!

PYCNOGENOL®

feature story

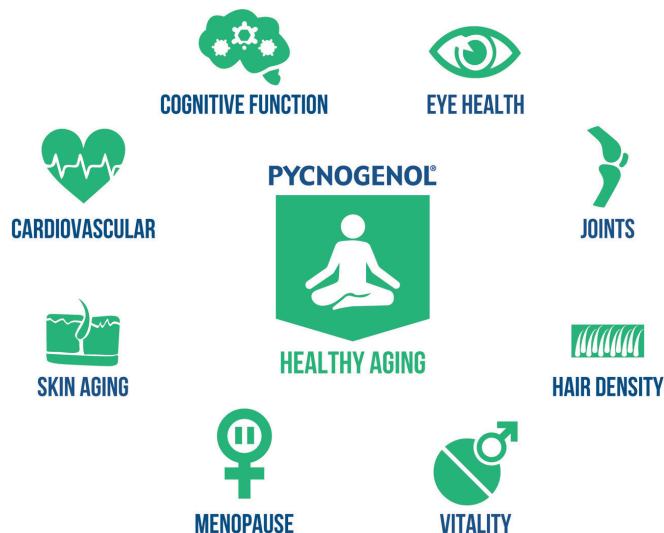
Invest in Your Health with Pycnogenol®

Unlock the Science of Aging Well

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Product Development
Horphag Research



Almost 60 years ago, with the launch of Pycnogenol®, Horphag Research pioneered the visionary concept of healthy aging into the field of nutritional ingredients (1). Today, healthy aging has become the central focus across the entire nutrition and dietary supplement industry. Extending health span to match life span is a universal human aspiration. Achieving this goal starts with investing in health as early as possible. The benefits of Pycnogenol® for aging populations are well supported by a substantial body of scientific research. Thanks to its unique composition, Pycnogenol® exerts a wide range of positive effects on the body.



Cardiovascular health

50% of women and 70-80% of men over 65 suffer from coronary artery disease (2). An ever-increasing number of clinical studies demonstrate the efficacy of Pycnogenol® to improve cardiovascular health. Pycnogenol® was shown to normalize blood pressure (3-7) and platelet function (8-10), to improve blood lipid profile (5-7, 11-15) as well as blood sugar levels (4, 6, 16) and microcirculation (17-21). Pycnogenol®'s efficacy can partly be explained by its positive effects on the endothelium, the inner layer of blood vessels (4, 6, 10, 22-25). The effects of Pycnogenol® were investigated in healthy people, individuals with borderline high-risk factors but also as an add-on for people taking prescription medicine for cardiovascular health issues.

Skin aging

Maintaining healthy and even skin while getting older is an important part of happy aging. Skin aging is accelerated by exposure to sun and pollution, which can lead to increased over-pigmentation, fine wrinkles and loss of elasticity (26). Pycnogenol® was shown to reduce melasma and to limit photo-ageing (27-33). In addition, Pycnogenol® intake leads to improved skin elasticity and reduced skin fatigue (33-36).

A brand-new and first-of-its-kind study revealed that Pycnogenol® significantly decreases cellulite severity compared to placebo, leading to smoother skin and thinner thighs (37).

feature story continued

Cognitive function

Cognitive impairment during aging beyond normal progress is quite widespread, affecting one in five elderly globally (38). Several studies have shown that Pycnogenol® contributes to preserving healthy cognitive performances and to managing mild cognitive impairment (39-42). Attention, cognitive performance, memory, and daily tasks, like making decisions or coping with daily problems have been shown to be improved after Pycnogenol® intake.

Eye health

Pycnogenol® showed a broad spectrum of beneficial effects on eye health. In several studies, Pycnogenol® supplementation was shown to help protecting retinal capillaries in diabetic retinopathy (20, 43, 44) and in retinal vein thrombosis (45, 46). Additionally, Pycnogenol® provides potent antioxidant protection for the eyes (47, 48).

Joint health

Knee osteoarthritis is a major cause of disability in older people and affects 10-18% of people over 60 (49). Osteoarthritis is a condition, in which joint cartilage and the underlying bones are mechanically degraded and inflamed (49). Pycnogenol® intake led to significantly decreased pro-inflammatory and degradation markers (50). Additionally, Pycnogenol® improved discomfort, stiffness, physical function and reduced the need for analgesic medication in patients with osteoarthritis (51-54). Metabolites of Pycnogenol® could be detected in the fluid around the knee cartilage, which explains the observed beneficial effects (55)

Hair density

Another common problem with aging is hair loss. A recent placebo-controlled study found that Pycnogenol® intake significantly improved hair density compared to placebo after 2 months (56). In addition, the study showed that Pycnogenol® improved scalp skin moisture and led to a better supply of nutrients and oxygen to the hair follicle.

Gender specific age-related health

To date, almost 500 menopausal women took part in studies investigating the effects of Pycnogenol® on climacteric symptoms (7, 57-59). Menopausal symptoms such as tiredness, hot flashes, night sweats, mood swings, memory and concentration issues, vaginal dryness and sleep problems were improved after intake of Pycnogenol®. For aging men, Pycnogenol® was shown to help with erectile function, fertility, prostate and muscle function (sarcopenia) (13, 14, 60-63).



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For more information, please visit www.pycnogenol.com.

product spotlight

Made in France by Ivatherm, **Pycnogenol® Vitamin C 500mg** is a newly launched skin care supplement formulated to stimulate collagen production, increase hyaluronic acid synthesis, and help maintain radiant skin. Each sachet delivers a potent blend of antioxidants, including Pycnogenol® and Vitamin C, along with pomegranate extract, grape seed extract, and Vitamin E. The supplement is specially formulated according to clinical studies and designed to visibly reduce hyperpigmentation spots, even out skin tone, and enhance overall brightness. Beyond its skin benefits, this antioxidant-rich combination also provides essential nutrients that support overall health. Pycnogenol® Vitamin C 500mg sachets feature a natural pear flavor and can be easily mixed into water or your favorite beverage for quick absorption.



Eu Yan Sang Singapore, introduces **Pycnogenol® Optimal+ 125**, the first product of its kind to combine Pycnogenol® with Traditional Chinese Medicine (TCM) herbs to support overall health and wellness.



Pycnogenol® Optimal+ 125 blends Eastern and Western ingredients, featuring 125mg of Pycnogenol® — a potent antioxidant supported by over 160 clinical trials—many supporting its four key health benefits: protecting against oxidative damage, mediating inflammation, supporting healthy circulation, and enhancing collagen and elastin production in the skin. The addition of Mulberry boosts antioxidant effect and aids detoxification by regulating bowel movements, while Poria, a traditional TCM herb strengthens the spleen and improves nutrient absorption.

Codeage Menopause Hair & Skin Vitamins+ is a premium supplement formulated to help support mature beauty in women experiencing menopause.

This advanced hair and skin blend features clinically studied Lustriva®, shown to help promote existing hair growth for a fuller look and to support skin appearance. It also contains 60 mg of Pycnogenol®, a powerful antioxidant researched for its effects on hair density and scalp microcirculation in menopausal women, along with multiple skincare benefits. Other key ingredients include Biotin, KSM-66® Ashwagandha, and botanicals such as Chaste Tree Berry, Wild Yam, and Black Cohosh Root—all delivered using liposomal delivery system for absorption support.



Launched by FORDAYS, a Japanese direct selling company, **Fem Harmony** is a plant-based supplement designed to support feminine wellness and balance.



Each daily dose contains 30 mg of Pycnogenol® and 20 mg chasteberry extract as its primary active ingredients. These are complemented by supportive nutrients including B vitamins, Vitamins E and D, and L-theanine. **Fem Harmony** is specifically formulated to help support women's natural monthly cycles, addressing age-related fluctuations, and promoting a sense of calm and balance.

Zeruiah Wellness presents **RESTORE Boost**, a premium nutraceutical designed to support the body's natural detoxification processes and promote healthy liver function.



Its advanced formula combines clinically studied ingredients:

- Robuvit® (100 mg), French oak extract rich in polyphenols and roburins, known for their strong antioxidant properties. Clinical studies have shown its benefits for liver detoxification and natural cleansing functions.
- Vitacholine and SAME, essential for maintaining liver health and metabolic balance.
- Artichoke extract, traditionally used to aid digestion and support liver function.
- Coenzyme Q10 and Vitamin B6, which contribute to cellular energy production and overall vitality.

RESTORE Boost helps cleanse the body, eliminate accumulated toxins and reinforce overall health from within.

CartiJoint PRO, developed by Fidia in Italy, expands the CartiJoint and TendiJoint product family – formulated to support recreational athletes of all ages, and individuals engaged in repetitive physical tasks - to counteract joint stress and stiffness.

CartiJoint PRO targets the difficulty of movement by leveraging the synergistic action of Glucosamine Hydrochloride Green and Chondroitin Sulfate which help slow the natural progression of cartilage damage. Additionally, it contains 100mg of Pycnogenol® that contributes to reducing oxidative stress on cellular structures due to its potent antioxidant action.



new research | company news



Holomega Robuvit® with CoQ10, developed by Equisalud Laboratories, is a food supplement that can help recover and increase energy and activity levels.

Formulated with 100mg of Robuvit® French oak extract and 50mg of Coenzyme Q10, **Holomega Robuvit with CoQ10** provides natural support for individuals experiencing chronic fatigue. Clinical studies have shown that Robuvit® acts at the cellular level by revitalizing mitochondria, the energy-producing centers of our cells. Coenzyme Q10 also plays an essential role in cellular energy production. Together, these ingredients help improve energy capacity and support mitophagy. This product is designed to help those struggling with fatigue regain energy and restore vitality.



ERREDI is a new ophthalmic solution launched in Italy by Offhealth. This innovative preservative-free eye drop is designed to moisturize and lubricate the eye surface.

Formulated with natural ingredients including Pycnogenol®, Hyaluronic Acid, Flaxseed Oil, and liposomes, **ERREDI** delivers a synergistic blend that deeply hydrates and ensures prolonged retention on the eye surface, helping protect ocular structures. It may help individuals with diabetes, a condition often associated with dry eye symptoms like redness, itching, and a sensation of a foreign body in the eye. Pycnogenol® has shown promising results in patients with diabetic retinopathy and retinal vein thrombosis, demonstrating strong antioxidant effects on the retina.



Sewa Ultra Melas Shots introduced by Sewath Thailand, is a dietary supplement designed to restore, brighten and nourish the skin from within.

Each shot is formulated with premium ingredients including Pycnogenol®, Centillicum® (Gotu Kola), Pearl Tomato™ and Korean ginseng extract. These active ingredients work synergistically to contribute to skin brightening, help reduce dark spots and stimulate collagen production. Centillicum® has been clinically studied for its ability to support tissue regeneration, while Pycnogenol® enhances skin health by stimulating new collagen synthesis, increasing hyaluronic acid generation, reducing hyperpigmentation, and enhancing microcirculation in dermal capillaries.

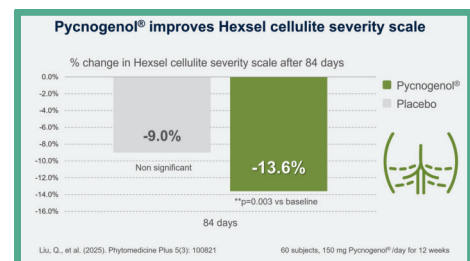


The innovative delivery format features single-serve powder packets in a delicious peach flavor. Convenient and portable, they can be taken directly-no need to dissolve in water-making them perfect for on-the-go use.

New Research

Pycnogenol® Alleviates Cellulite in Women

A new double-blind, placebo-controlled [study](#) published in [Phytomedicine Plus](#) found Pycnogenol® reduced cellulite severity, decreased upper thigh circumference, and improved skin smoothness. At the end of the 12-week trial, the study found Pycnogenol® reduced cellulite severity by a 13.6% total reduction and decreased upper thigh circumference of 2.07 cm, significantly greater than the 0.9 cm reduction in the placebo group. Outer thigh skin roughness decreased by 32% in the Pycnogenol® group with the placebo showing only a 6% reduction overall.



Company News

Welcome Maira Fajardo-Perez!

We're excited to announce that Maira Fajardo-Perez has joined Horphag Research's Hoboken, NJ office as a Logistics and Supply Chain Specialist. Maira brings extensive experience in end-to-end supply chain management, strategic import logistics, and cultivating customer relationships. She leverages deep understanding of international compliance and shipping regulations. In her current role, Maira works on all logistical functions including shipping, billing, inventory control, and customer relations. She also supports accounting and trade show coordination. Her previous experience at The Foodware Group further sharpened her expertise in import logistics, global partner coordination, and freight cost negotiations. Please join us in welcoming Maira to the team!



To Your Health



welcome

Healthy aging is not just a privilege – it's a fundamental right for all. In this issue, we explore the foundations of aging well, recognizing that everyone's path is uniquely personal.

Pycnogenol® continues to set the benchmark in healthy aging, backed by decades of clinical research spanning cardiovascular health, cognitive function, joint mobility, and beyond.

We also highlight the latest advancements in skincare science and feature innovative product solutions from our customers, showcasing the efficacy and versatile applications of Pycnogenol®, Robuvit® and Centellicum® ingredients.

Best Regards,

Victor Ferrari
Chief Executive Officer
Horphag Research

featuring...

- Healthy Aging
- Cardiovascular Health
- Eye & Joint Health
- Skin & Hair Density
- Product Spotlight
- New Study: Cellulite



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