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THE REPORT

LOOK, FEEL AND LIVE BETTER



"Less-is-More" Approach to Women's Health

One Ingredient.
Full Spectrum Support.

Product Spotlight

- Multifunctional Supplements
- Transdermal Patches
- Supplemental Chews
- Energy Vials and more

Company News

- Welcome Leslie and Brittany
- Horphag ASIA hosts annual meeting

The Women's
Health Stack



PYCNOGENOL®

feature story

Pycnogenol® Brings a “Less-is-More” Approach to the Women’s Health Stack

One Ingredient.
Full Spectrum Support.

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From hydration and collagen support to elasticity, UV protection and radiance, there’s a beauty product for nearly every goal. However, a recent report found that 72% of consumers feel overwhelmed by the volume of new product launches (1). Many people today are looking to streamline their routines by embracing a less-is-more approach that focuses on smart, effective essentials over an overloaded regimen. Now, that same philosophy is moving beyond skincare and into the daily health stack, where multifunctional ingredients can support multiple aspects of women’s health while making supplementation simpler and more effective.



 NO IMPACT ON HORMONAL LEVELS

For women looking to simplify their health stack, Pycnogenol® offers natural support in key areas:

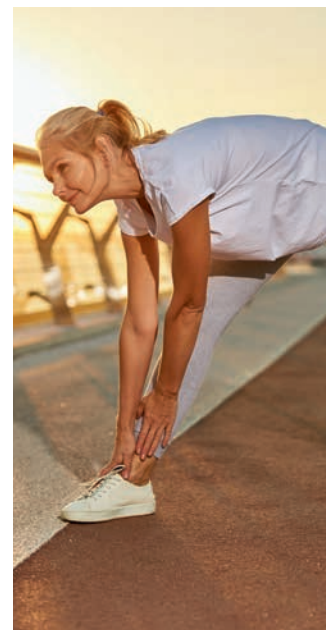
- **Menopause support:** Studies with nearly 600 women at different stages of menopause showed that Pycnogenol® significantly improved common menopausal symptoms compared to placebo. The ameliorated symptoms include headaches, tiredness, hot flashes, sweating, sleep disruption, vaginal dryness and cardiovascular concerns (2-6).
- **Relief during menstruation:** More than 450 women took part in seven different studies revealing that Pycnogenol® improved abdominal discomfort, menstrual cramps and tenderness. The women needed significantly less analgesic medication and the number of days with abdominal discomfort were reduced with Pycnogenol® (7-13).
- **Skin health from within:** Pycnogenol® supports skin health and beauty by helping address visible concerns tied to hydration, elasticity and uneven tone, as shown in 20 published clinical investigations. Research shows Pycnogenol® helps to reduce melasma by preventing pigment overproduction as well as increasing skin elasticity and skin moisture by stimulating the synthesis of new collagen and hyaluronic acid in the skin. The result is a reinforced skin barrier, leading to a beautifully glowing skin appearance with less wrinkles (14-22).

feature story continued

For women looking to simplify their health stack, Pycnogenol® offers natural support in key areas continued:

- **Hair density:** A double-blind, randomized, placebo-controlled study revealed that Pycnogenol® intake for two months led to a significant increase of hair density by 30%, compared to baseline and by 15% compared to placebo (23).
- **Cellulite:** A 2025 study revealed that Pycnogenol® significantly reduces cellulite severity by 13.6%. The double-blind placebo-controlled study including 60 women further showed that upper thigh circumference and skin roughness were decreased (24).
- **Urinary tract infections:** It was shown that Pycnogenol® intake has beneficial effects on the symptoms and frequency of recurrent UTIs in women. The number of UTI episodes within two months was significantly lower with Pycnogenol® than in control patients and interestingly, even lower compared to patients taking traditionally used cranberry extract (26,27).
- **Healthy circulation and vascular function:** In addition to its specific benefits for women, Pycnogenol® supports heart and circulatory health by helping maintain healthy blood vessel function (16,28-40). Circulatory conditions that typically affect mainly women, such as chronic venous insufficiency (41,42), varicose veins (43) and postpartum hemorrhoids (44) have all been shown to be improved with Pycnogenol® in clinical trials.

Backed by over 160 clinical studies, Pycnogenol® is one of the most extensively researched natural ingredients worldwide. Unlike single isolated compounds, Pycnogenol® is a standardized blend of naturally occurring procyanidins, bioflavonoids and phenolic acids. It helps support healthy blood circulation, provides antioxidant protection, promotes a balanced inflammatory response, and supports connective tissue health (3,14-16,28-40,45-54). These complementary properties help explain why Pycnogenol® has been shown to support multiple aspects of women's wellness, including skin health, menopause wellness, menstrual comfort, cardiovascular health and more – all in one multifunctional ingredient.



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For more information, please visit www.pycnogenol.com.

product spotlight

LeBonhertz has launched three multifunctional Pycnogenol® formulations in Taiwan targeting eye health, healthy aging, and women's health.

- **Pycno® VISION:** Formulated for the digital generation, this comprehensive blend features 20mg Pycnogenol®, lutein, zeaxanthin, bilberry extract, black soybean polyphenols, astaxanthin, and hyaluronic acid. Each ingredient targets a distinct aspect of eye health—from macular support, ocular microcirculation and antioxidant defense to visual comfort and hydration.
- **Pycno® 50+:** Designed for healthy aging, this senior formulation combines 20mg Pycnogenol® with premium ingredients Polycan®, MitoPrime®, Lipogen PS®, and Cistanche tubulosa extract. Backed by decades of research in cardiovascular wellness, cognitive performance, circulation, and joint health, it delivers a complete solution for mental clarity and physical vitality.
- **Pycno® WOMEN:** Tailored to support women through every life stage, this formula provides 50mg Pycnogenol®, paired with Capros®, citrus bioflavonoids, and acerola cherry. It provides comprehensive support for menstrual comfort and menopausal wellbeing, skin health, circulation, and overall antioxidant vitality.



Formulated by Japan Royal Jelly, **JRJ Premium Pycnogenol®** supports women's unique health, skin and beauty needs. Each capsule combines 60mg of Pycnogenol® with heme iron, vitamin B12, and folic acid to promote daily vitality. Pycnogenol® is a leading ingredient for women's health backed by 30 clinical studies involving 2,380 women and supports skin and joint health, menstrual discomfort, menopause symptoms and circulation. It's available directly from Japan Royal Jelly, as well as on Amazon and Rakuten.



OSTEOLOGENE® Patches by Melegatti Pharma are innovative single-use occlusive transdermal patches developed to provide targeted, 24-hour joint and muscle comfort.

Developed in Italy, the patch combines Pycnogenol® with Arnica montana, Devil's Claw and Eucalyptus essential oil in a synergistic botanical blend designed for topical application. As a potent antioxidant, Pycnogenol® helps alleviate joint discomfort by reducing underlying inflammation and promoting natural collagen and hyaluronic acid production to cushion the joints.



OSTEOLOGENE® Patches are available for international distribution across pharmacy and healthcare channels.

ENERGY RECUP by Inovance is a caffeine-free recovery supplement launched in France, Belgium and Spain, specifically formulated to combat intense physical and mental fatigue, exhaustion, and restore vitality post-convalescence.



The formula centers on 60mg of Robuvit® French oak wood extract, backed by over 20 clinical studies for its anti-fatigue efficacy and sports recovery benefits. Robuvit® acts at the cellular level by revitalizing mitochondria, the energy-producing centers of our cells. Combined with eleutherococcus, an adaptogenic plant, magnesium, and essential B vitamins, **ENERGY RECUP** delivers sustained energy revitalization without causing nervousness.

Each 10-day regimen features 10 ml ready-to-drink vials with an exotic fruit flavor, designed for convenient daily use.

FOCALiZEN Pycnogenol® Chews offers a natural and clinically supported supplement designed to promote calm, focus, and attention in both adults and children aged six and older.



Formulated in Belgium, each chew delivers 20mg of Pycnogenol®, a potent antioxidant and anti-inflammatory extract shown to optimize brain function by regulating cellular nitric oxide (NO) levels. Multiple studies highlight Pycnogenol®'s ability to help ease symptoms of inattention, hyperactivity, and impulsivity in children with Attention Deficit Hyperactivity Disorder (ADHD) while building long-term emotional regulation without disruptive side effects.

Developed in Switzerland by Vitartis, **Energy Caps** is a comprehensive micronutrient formula to support energy levels, combat fatigue and provide immune support.

Energy Caps packs 39 vital nutrients featuring 100mg Pycnogenol®, 60mg Robuvit® oak wood extract, resveratrol, astaxanthin, CoQ10, NADH stabilized, lutein, zeaxanthin, collagen UC II®, plant extracts, and a full spectrum of vitamins and trace minerals. Clinical studies show that Robuvit® naturally stimulates mitochondrial regeneration - the powerhouse of the cells - for caffeine-free, sustained energy and vitality.



Serving as part 1 of the multi-tiered Vitartis Bundle, it delivers foundational daily support to central physiological processes, including cardiovascular system, brain and muscle function, bone metabolism, and cellular energy production.

Solvergroup launches a new **Pycnogenol®** combination product, rapidly becoming one of Thailand's fastest growing skin health supplements.

The formula delivers 60mg of Pycnogenol® alongside a potent 12 antioxidant blend featuring Pearl Tomato®, Ceravite™, NAD+ Precursor, CoQ10, and Vitamins C, D and E. Designed for beauty from within, this synergistic formulation brings Pycnogenol®'s clinically researched benefits for brightening, melasma, elasticity, skin microcirculation and collagen production.



new research | company news



Company News: **Welcome New Colleagues**

We're excited to introduce two colleagues to the Horphag Research team in our Hoboken, New Jersey office! Please join us in welcoming Leslie Puell and Brittany Rivera.

Leslie Puell, Supply Chain & Import Operations Specialist

Leslie joins us with over three years of experience in logistics and supply chain management. In her role, she optimizes logistics processes, ensures accurate invoice processing, generates daily reports, and maintains compliance with international import regulations. Before joining Horphag, Leslie served as an Imports Specialist at Saputo Inc., where she honed her administrative precision and problem-solving skills. Leslie earned a bachelor's degree in graphic design from Full Sail University.



Brittany Rivera, Logistics & Operations Specialist

Brittany brings fourteen years of supply chain expertise to our team. Her background spans full-life cycle international import operations across sea, air, and tank freight, collaborating with executive leadership on production and supply chain strategy. At Horphag, Brittany coordinates customer product sampling, tracks shipments for delivery, partners with warehouse teams to ensure order accuracy, assists clients and supports the execution of company trade shows. Brittany has an associate degree in Fashion Merchandising.



Horphag Asia Hosts Annual Meeting

Marking a milestone anniversary, Horphag Asia gathered over 140 guests in Shanghai, China, for its 20th regional meeting. The three-day event brought together customers, researchers, and industry partners to explore new research, product innovations, and collaborative initiatives for Pycnogenol®, Robuvit® and Centellicum®.

A distinguished group of guest speakers presented at the conference, including:

- Univ.-Prof. Dr. med. Jean Krutmann (IUF-Leibniz Research Institute for Environmental Medicine, Düsseldorf, Germany) The role of oral supplements in an exposomics-based strategy for the management of skin aging and associated skin conditions
- Prof. Dr. Petra Högger (University of Würzburg, Germany) Gut, Blood, Action! How Your Body "Handles" Polyphenols
- Dr. Jeff Strong (Horphag Research, Asia) Relief, Balance, and Support: Pycnogenol® from PMS to Menopause / Unlocking Cellular Energy: Translating Robuvit® Research into Market Opportunities
- Dr. Franziska Weichmann (Horphag Research) Fading the Shadows – Managing Hyperpigmentation with Pycnogenol® / The Secret to Healthy Legs with Pycnogenol®
- Mr. Victor Ferrari (CEO, Horphag Research) Welcome Note and Closing Remarks

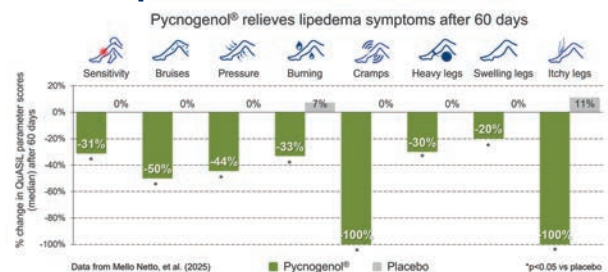


The Best Sales Performance Awards for the year were presented to Jupiter International, accepted on their behalf by Mr. David Kim and Mr. Joon-Yeon Lee, and to DKSH Thailand, accepted by Ms. Wilairat Khantharawongsakul and Ms. Nujaree Mansaj.

The event concluded with SHUYANFU, an imperial royal banquet that reinterprets traditional Chinese cultural heritage through a modern theatrical presentation. Thank you to everyone who joined us in Shanghai and we look forward to seeing you next year!

New Research: **Pycnogenol® Relieves Symptoms of Lipedema**

A newly published placebo-controlled [study](#) showed that Pycnogenol® supplementation significantly improved key symptoms of lipedema. (1). **Lipedema** is a chronic disorder causing an abnormal, sometimes painful build-up of subcutaneous fat mostly in the legs that is not caused by obesity (2). In the [study](#) with 100 affected women in their thirties, after sixty days the lipedema-related symptom score was significantly reduced by 32% compared to placebo. In addition, an 8% reduction in body fat percentage and a significant improvement in quality of life compared to placebo were reported at the end of the study.



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To Your Health



welcome

Pycnogenol® is redefining industry standards for women's health as a true multifunctional ingredient. In this issue, we explore how the extract addresses several foundational health areas at once, helping women achieve their wellness goals without product overload.

Global innovation in women's health is on display with new Pycnogenol® products in Europe and Asia along with caffeine-free energy formulations featuring Robuvit®. Additionally, we are pleased to highlight updates from our global offices, welcoming new team members in the US and sharing breakthrough science with over 140 partners at our 20th regional meeting in Asia.

Looking forward to connecting and building science-driven health solutions together.

Best Regards,

Victor Ferrari
Chief Executive Officer
Horphag Research

featuring...

- Women's Health
- Healthy Circulation
- Menopause Support
- Skin & Hair Density
- Product Spotlight
- New Study: Lipedema



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